

# Breast Cancer<sup>®</sup>

U P D A T E

An Audio Review Journal for Nurses

Management of Breast Cancer in the Adjuvant and Metastatic Settings

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**FACULTY**

Lisa Carey, MD

Generosa Grana, MD

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*Additional comments by  
two women with breast cancer*



## A Continuing Nursing Education Audio Series

### STATEMENT OF NEED/TARGET AUDIENCE

Medical oncology, particularly breast cancer, is one of the most rapidly advancing and developing fields of medicine. The constant emergence of new systemic agents, new indications for existing systemic agents, novel therapies, clinical trials and research findings demands that oncology nurses remain dedicated to continuing education in order to offer their patients the best care possible. This program provides registered nurses access to the most up-to-date research developments in breast cancer and the opinions of oncology nurses and research leaders with experience and expertise in the field. This information can be effectively translated into everyday patient management decisions.

### PURPOSE STATEMENT

To present the most current research developments in breast cancer and to provide the perspectives of medical oncologists, oncology nurses and patients on the diagnosis and treatment of breast cancer.

### EDUCATIONAL OBJECTIVES FOR THIS ISSUE OF *BREAST CANCER UPDATE FOR NURSES*

- Discuss the clinical implications of emerging clinical trial data in breast cancer treatment and how to incorporate these data into management strategies in the adjuvant, neoadjuvant and metastatic settings.
- Discuss the selection and sequencing of endocrine therapy in the adjuvant and metastatic settings.
- Describe the risks and benefits of chemotherapeutic agents and regimens in the adjuvant and metastatic settings.
- Describe the computerized risk models and genetic markers to determine prognostic information on the quantitative risk of breast cancer relapse.
- Explain the risks and benefits of incorporating biologic agents in the adjuvant and metastatic settings.

### ACCREDITATION STATEMENTS

#### *CNA/ANCC*

This educational activity for 2.9 contact hours is provided by Postgraduate Institute for Medicine (PIM). PIM is an approved provider of continuing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

#### *California Board of Registered Nursing*

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A statement of credit will be issued only upon receipt of a completed activity evaluation form and a completed post-test with a score of 70% or better. Your statement of credit will be mailed to you within three weeks.

### HOW TO USE THIS CNE ACTIVITY

This is an audio CNE activity. This book contains a continuing nursing education post-test, and the corresponding website [BreastCancerUpdate.com/Nurses](http://BreastCancerUpdate.com/Nurses) includes links to relevant full-text articles and abstracts. There are no fees for participating and receiving CNE credit for this activity. To receive credit during the period of December 2006 through December 2007, participants should read the learning objectives and faculty disclosures, listen to the CDs, review the internet references and complete the Post-test and Evaluation Form located in the back of this book or on the [BreastCancerUpdate.com/Nurses](http://BreastCancerUpdate.com/Nurses) website and mail or fax the evaluation form to Postgraduate Institute for Medicine.

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John H Brebner, Richard Kaderman, PhD, Neil Love, MD, Douglas Paley, Margaret Peng, Lilliam Sklaver Poltrack, PharmD, Ginelle Suarez, Erin Wall and Kathryn Ault Ziel, PhD — no real or apparent conflicts of interest to report; Sally Bogert, RNC, WHCNP — shareholder of Amgen Inc and Genentech Inc. Research To Practice receives education grants from Abraxis Oncology, Amgen Inc, AstraZeneca Pharmaceuticals LP, Bayer Pharmaceuticals Corporation/Onyx Pharmaceuticals Inc, Genentech Inc/OSI Pharmaceuticals Inc, Genomic Health Inc, Roche Laboratories Inc and Sanofi-Aventis, who have no influence on the content development of our educational activities.

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**Breast Cancer Update for Nurses — Issue 5, 2006****QUESTIONS (PLEASE CIRCLE ANSWER):**

1. The ECOG-E2100 trial randomly assigned patients with metastatic breast cancer to paclitaxel with or without \_\_\_\_\_.
  - a. Capecitabine
  - b. Bevacizumab
  - c. Cetuximab
  - d. Gemcitabine
2. Which of the following is not associated with the use of *nab* paclitaxel?
  - a. Fewer allergic reactions
  - b. Premedication
  - c. Shorter infusion times
  - d. Chemotherapy-induced peripheral neuropathy
3. Which of the following are potential complications related to the use of bevacizumab?
  - a. Increased bleeding events
  - b. Hypertension
  - c. Proteinuria
  - d. All of the above
4. Which tumor characteristics are indicated for use of the *Oncotype DX*™ assay?
  - a. ER-negative, node-negative
  - b. ER-negative, node-positive
  - c. ER-positive, node-negative
  - d. ER-positive, node-positive
5. Lapatinib is an oral agent that targets the HER2 and EGF receptors and has been evaluated in patients who progress on \_\_\_\_\_.
  - a. Bevacizumab
  - b. Trastuzumab
  - c. Erlotinib
  - d. Gefitinib
6. Which of the following adverse events occurs less frequently with aromatase inhibitors than with tamoxifen?
  - a. Endometrial cancer
  - b. Thromboembolic events
  - c. Fractures
  - d. Both a and b
7. For patients taking trastuzumab who have been treated with anthracycline-based chemotherapy, the increased risk for experiencing heart failure is \_\_\_\_\_.
  - a. Less than one percent
  - b. About four percent
  - c. About 15 percent
  - d. About 25 percent
8. Patients with node-negative, ER-positive disease and a high recurrence score according to the *Oncotype DX* assay have been shown to benefit from adjuvant \_\_\_\_\_.
  - a. Fulvestrant
  - b. Anastrozole
  - c. Chemotherapy
  - d. All of the above
9. Which of the following therapies does not interact directly with the estrogen receptor?
  - a. Fulvestrant
  - b. Tamoxifen
  - c. Anastrozole
10. Which endocrine agent is given by intramuscular injection?
  - a. Tamoxifen
  - b. Anastrozole
  - c. Letrozole
  - d. Fulvestrant

## EVALUATION FORM

### *Breast Cancer Update for Nurses — Issue 5, 2006*

Postgraduate Institute for Medicine (PIM) respects and appreciates your opinions. To assist us in evaluating the effectiveness of this activity and to make recommendations for future educational offerings, please take a few minutes to complete this evaluation form. You must complete this evaluation form to receive acknowledgment of participation for this activity.

**Please answer the following questions by circling the appropriate rating:**

5 =  
Outstanding

4 =  
Good

3 =  
Satisfactory

2 =  
Fair

1 =  
Poor

#### EXTENT TO WHICH PROGRAM ACTIVITIES MET THE IDENTIFIED GOAL

- To present the most current research developments in breast cancer and to provide the perspectives of medical oncologists, oncology nurses and patients on the diagnosis and treatment of breast cancer. ....5 4 3 2 1

#### EXTENT TO WHICH PROGRAM ACTIVITIES MET THE IDENTIFIED OBJECTIVES

**Upon completion of this activity, participants should be better able to:**

- Discuss the clinical implications of emerging clinical trial data in breast cancer treatment and how to incorporate these data into management strategies in the adjuvant, neoadjuvant and metastatic settings. .... 5 4 3 2 1
- Discuss the selection and sequencing of endocrine therapy in the adjuvant and metastatic settings. .... 5 4 3 2 1
- Describe the risks and benefits of chemotherapeutic agents and regimens in the adjuvant and metastatic settings. .... 5 4 3 2 1
- Describe the computerized risk models and genetic markers to determine prognostic information on the quantitative risk of breast cancer relapse. .... 5 4 3 2 1
- Explain the risks and benefits of incorporating biologic agents in the adjuvant and metastatic settings. .... 5 4 3 2 1

#### EFFECTIVENESS OF THE INDIVIDUAL FACULTY MEMBERS

Faculty	Knowledge of subject matter	Effectiveness as an educator
Lisa Carey, MD	5 4 3 2 1	5 4 3 2 1
Jenny C Chang, MD	5 4 3 2 1	5 4 3 2 1
Generosa Grana, MD	5 4 3 2 1	5 4 3 2 1

#### OVERALL EFFECTIVENESS OF THE ACTIVITY

- Will assist me in improving patient care. .... 5 4 3 2 1
- Fulfilled my educational needs. .... 5 4 3 2 1
- Avoided commercial bias or influence. .... 5 4 3 2 1

#### IMPACT OF THE ACTIVITY

**The information presented (check all that apply):**

- Reinforced my current practice/treatment habits.       Enhanced my current knowledge base.

**Breast Cancer Update for Nurses — Issue 5, 2006**

**IMPACT OF THE ACTIVITY (CONTINUED)**

**Will the information presented cause you to make any changes in your practice?**

- Yes       No

**If yes, please describe any change(s) you plan to make in your practice as a result of this activity:**

.....  
 .....

**How committed are you to making these changes?**

(5 = very committed; 1 = not at all committed)..... 5 4 3 2 1

**FUTURE ACTIVITIES**

**Do you feel future activities on this subject matter are necessary and/or important to your practice?**

- Yes       No

**Please list any other topics that would be of interest to you for future educational activities:**

.....  
 .....

**Additional comments about this activity:**

.....  
 .....

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- Yes, I am willing to participate in a follow-up survey.       No, I am not willing to participate in a follow-up survey.

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- Audio CDs       Downloaded MP3s from website

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