

# Breast Cancer<sup>®</sup>

U P D A T E

An Audio Review Journal for Nurses

Management of Breast Cancer in the Adjuvant and Metastatic Settings

**EDITOR**

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**FACULTY**

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Barbara Harkins, RN, MN

Joanne L Blum, MD, PhD

*Additional comments by  
a woman with breast cancer*



## A Continuing Nursing Education Audio Series

### STATEMENT OF NEED/TARGET AUDIENCE

Medical oncology, particularly breast cancer, is one of the most rapidly advancing and developing fields of medicine. The constant emergence of new systemic agents, new indications for existing systemic agents, novel therapies, clinical trials and research findings demands that oncology nurses remain dedicated to continuing education in order to offer their patients the best care possible. This program provides registered nurses access to the most up-to-date research developments in breast cancer and the opinions of oncology nurses and research leaders with experience and expertise in the field. This information can be effectively translated into everyday patient management decisions.

### PURPOSE STATEMENT

To present the most current research developments in breast cancer and to provide the perspectives of medical oncologists, oncology nurses and patients on the diagnosis and treatment of breast cancer.

### EDUCATIONAL OBJECTIVES FOR THIS ISSUE OF *BREAST CANCER UPDATE FOR NURSES*

- Discuss the clinical implications of emerging clinical trial data in breast cancer treatment and how to incorporate these data into management strategies in the adjuvant, neoadjuvant and metastatic settings.
- Discuss the selection and sequencing of endocrine therapy in the adjuvant and metastatic settings.
- Describe the risks and benefits of chemotherapeutic agents and regimens in the adjuvant and metastatic settings.
- Describe the computerized risk models and genetic markers to determine prognostic information on the quantitative risk of breast cancer relapse.
- Explain the risks and benefits of incorporating biologic agents in the adjuvant and metastatic settings.

### ACCREDITATION STATEMENTS

#### *CNA/ANCC*

This educational activity for 3.1 contact hours is provided by Postgraduate Institute for Medicine (PIM). PIM is an approved provider of continuing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

#### *California Board of Registered Nursing*

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A statement of credit will be issued only upon receipt of a completed activity evaluation form and a completed post-test with a score of 70% or better. Your statement of credit will be mailed to you within three weeks.

### HOW TO USE THIS CNE ACTIVITY

This is an audio CNE activity. This book contains a continuing nursing education Post-test, and the corresponding website [BreastCancerUpdate.com/Nurses](http://BreastCancerUpdate.com/Nurses) includes links to relevant full-text articles and abstracts. There are no fees for participating and receiving CNE credit for this activity. To receive credit during the period of October 2006 through October 2007, participants should read the learning objectives and faculty disclosures, listen to the CDs, review the internet references and complete the Post-test and Evaluation Form located in the back of this book or on the [BreastCancerUpdate.com/Nurses](http://BreastCancerUpdate.com/Nurses) website and mail or fax the Evaluation Form to Postgraduate Institute for Medicine.

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Dallas, Texas

## CONTENT VALIDATION AND DISCLOSURES

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**Dr Miller** — Contracted Research: Genentech BioOncology. **Ms Harkins** — No financial interests or affiliations to disclose. **Dr Blum** — Fees for Non-CME Services Received Directly from Commercial Interest or Their Agents: Abraxis Oncology.

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Richard Kaderman, PhD, Neil Love, MD, Douglas Paley, Margaret Peng, Lilliam Sklaver Poltorack, PharmD, Ginelle Suarez, Erin Wall and Kathryn Ault Ziel, PhD — no real or apparent conflicts of interest to report; Sally Bogert, RNC, WHCNP — shareholder of Amgen Inc and Genentech BioOncology. Research To Practice receives education grants from Abraxis Oncology, Amgen Inc, AstraZeneca Pharmaceuticals LP, Bayer Pharmaceuticals Corporation/Onyx Pharmaceuticals Inc, Genentech BioOncology/OSI Pharmaceuticals Inc, Genomic Health Inc, Roche Laboratories Inc and Sanofi-Aventis, who have no influence on the content development of our educational activities.

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**Breast Cancer Update for Nurses — Issue 4, 2006****QUESTIONS (PLEASE CIRCLE ANSWER):**

1. Patients with node-negative, ER-positive disease and a high recurrence score according to the *Oncotype DX™* assay have been shown to benefit from adjuvant \_\_\_\_\_.
  - a. Tamoxifen
  - b. Anastrozole
  - c. Fulvestrant
  - d. Chemotherapy
2. Aromatase inhibitor monotherapy is \_\_\_\_ in premenopausal women in the treatment of breast cancer.
  - a. Effective
  - b. Ineffective
3. Which of the following adverse events are increased among women taking tamoxifen?
  - a. Endometrial cancer
  - b. Thromboembolic events
  - c. Fractures
  - d. Both a and b
4. Clinical trials have demonstrated that bisphosphonates may be able to eliminate the bone loss associated with aromatase inhibitors.
  - a. True
  - b. False
5. Clinical trials have demonstrated that the optimal duration of adjuvant tamoxifen therapy is 10 years.
  - a. True
  - b. False
6. Clinical trials, including NSABP-B-31, have reported that adjuvant trastuzumab administered to a patient with HER2-positive breast cancer reduces her relative risk of recurrence by approximately \_\_\_\_\_.
  - a. 10 percent
  - b. 20 percent
  - c. 30 percent
  - d. 40 percent
  - e. 50 percent
7. Trastuzumab is administered by infusion on a \_\_\_\_\_ schedule.
  - a. Weekly
  - b. Every three-week
  - c. Weekly or every three-week
8. Patients on trastuzumab typically experience which of the following side effects?
  - a. Hair loss
  - b. Nausea and vomiting
  - c. Low blood counts
  - d. None of the above
9. The risk of cardiotoxicity is increased when trastuzumab is combined with which of the following?
  - a. Anthracyclines
  - b. Aromatase inhibitors
  - c. Taxanes
10. NSABP-B-40 is a clinical trial of neoadjuvant chemotherapy with \_\_\_\_\_.
  - a. Trastuzumab
  - b. Bevacizumab
  - c. Fulvestrant
11. Hypertension is a potential side effect of bevacizumab.
  - a. True
  - b. False
12. NSABP-B-35 compares anastrozole to tamoxifen in the treatment of postmenopausal women with \_\_\_\_\_.
  - a. Ductal carcinoma in situ
  - b. Invasive breast cancer
  - c. Inflammatory breast cancer
  - d. Both b and c
13. Which of the following are advantages associated with *nab* paclitaxel?
  - a. No need to administer premedication
  - b. Shorter infusion time
  - c. Lower incidence of allergic reactions
  - d. All of the above
  - e. None of the above

## EVALUATION FORM

### *Breast Cancer Update for Nurses — Issue 4, 2006*

Postgraduate Institute for Medicine (PIM) respects and appreciates your opinions. To assist us in evaluating the effectiveness of this activity and to make recommendations for future educational offerings, please take a few minutes to complete this evaluation form. You must complete this evaluation form to receive acknowledgment of participation for this activity.

**Please answer the following questions by circling the appropriate rating:**

5 =  
Outstanding

4 =  
Good

3 =  
Satisfactory

2 =  
Fair

1 =  
Poor

#### EXTENT TO WHICH PROGRAM ACTIVITIES MET THE IDENTIFIED GOAL

- To present the most current research developments in breast cancer and to provide the perspectives of medical oncologists, oncology nurses and patients on the diagnosis and treatment of breast cancer. . . . . 5 4 3 2 1

#### EXTENT TO WHICH PROGRAM ACTIVITIES MET THE IDENTIFIED OBJECTIVES

**Upon completion of this activity, participants should be better able to:**

- Discuss the clinical implications of emerging clinical trial data in breast cancer treatment and how to incorporate these data into management strategies in the adjuvant, neoadjuvant and metastatic settings. . . . . 5 4 3 2 1
- Discuss the selection and sequencing of endocrine therapy in the adjuvant and metastatic settings . . . . . 5 4 3 2 1
- Describe the risks and benefits of chemotherapeutic agents and regimens in the adjuvant and metastatic settings. . . . . 5 4 3 2 1
- Describe the computerized risk models and genetic markers to determine prognostic information on the quantitative risk of breast cancer relapse. . . . . 5 4 3 2 1
- Explain the risks and benefits of incorporating biologic agents in the adjuvant and metastatic settings. . . . . 5 4 3 2 1

#### EFFECTIVENESS OF THE INDIVIDUAL FACULTY MEMBERS

Faculty	Knowledge of subject matter	Effectiveness as an educator
Kathy D Miller, MD	5 4 3 2 1	5 4 3 2 1
Barbara Harkins, RN, MN	5 4 3 2 1	5 4 3 2 1
Joanne L Blum, MD, PhD	5 4 3 2 1	5 4 3 2 1

#### OVERALL EFFECTIVENESS OF THE ACTIVITY

- Will assist me in improving patient care. . . . . 5 4 3 2 1
- Fulfilled my educational needs. . . . . 5 4 3 2 1
- Avoided commercial bias or influence. . . . . 5 4 3 2 1

#### IMPACT OF THE ACTIVITY

**The information presented (check all that apply):**

- Reinforced my current practice/treatment habits.
- Enhanced my current knowledge base.

**Breast Cancer Update for Nurses — Issue 4, 2006**

**IMPACT OF THE ACTIVITY (CONTINUED)**

**Will the information presented cause you to make any changes in your practice?**

- Yes       No

**If yes, please describe any change(s) you plan to make in your practice as a result of this activity:**

.....  
 .....

**How committed are you to making these changes?**

(5 = very committed; 1 = not at all committed)..... 5 4 3 2 1

**FUTURE ACTIVITIES**

**Do you feel future activities on this subject matter are necessary and/or important to your practice?**

- Yes       No

**Please list any other topics that would be of interest to you for future educational activities:**

.....  
 .....

**Additional comments about this activity:**

.....  
 .....

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**As part of our ongoing, continuous quality-improvement effort, we conduct postactivity follow-up surveys to assess the impact of our educational interventions on professional practice. Please indicate your willingness to participate in such a survey:**

- Yes, I am willing to participate in a follow-up survey.       No, I am not willing to participate in a follow-up survey.

**REQUEST FOR CREDIT — please print clearly**

Name: ..... Degree: .....

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- Audio CDs       Downloaded MP3s from website

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